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*"I Lost Myself": A Classical Idea of the Self It's Not Quite Clear How I Lost Myself I Just Lost Myself True Crime Addict Losing Myself Brought Me Here For a Minute, I Lost Myself: The Past and Present of a Schizophrenic That time I lost myself : Broken Mate Romance (Fate of the Omega Book 1) And for a Minute There, I Lost Myself How I Lost Myself - Shawn Mahoney Dearest Dorothy, Help! I've Lost Myself! How Did I Lose Myself? How Did I Lose Myself? Underground Lost in Suburbia: A Momoir "I lost myself" Lost Myself in Book; Found Myself There Too: Reading Journal and Book Log The Year I Lost and Found Myself The Loads of Poetry Part 3 When I Lost You The Angry Therapist Stricken by Love, I Lost Myself and was Found The Book of Lost Things The Agony of Freedom Some Kind of Wonderful Way of the Peaceful Warrior Inner Bonding His Mysterious & Abused Mate HOW I LOST MY MIND & FOUND MYSELF The Cactus Eaters The Victim's Cry Cutting Myself in Half Better Than Before PODIUM OF CREATION When We Collide A Mate of Convenience A Pull from Beyond Catch Me Date to the Rescue A Field Guide To Getting Lost A Dictionary of the Otchipwe Language, Explained in English*

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*Murakami tells the true story behind an act of terrorism that turned an average Monday morning into a national disaster. In spite of the perpetrators' intentions, the Tokyo gas attack left only twelve people dead, but thousands were injured and many suffered serious after-effects. Murakami interviews the victims to try and establish precisely what happened on the subway that day. He also interviews members and ex-members of the doomsdays cult responsible, in the hope that they might be able to explain the reason for the attack and how it was that their guru instilled such devotion in his followers. 'Not just an impressive essay in witness literature, but also a unique sounding of the quotidian Japanese mind' Independent*  
*Losing Myself Brought Me Here is my journey from being so completely lost in life, to finding the roads that lead me to where I wanted to go. Although I have found my way I still get lost at times. I go on detours, make pit stops, and hit*

dead ends, but I have learned to embrace the ride. Come with me on my road trip. Eliana Berlfein was partway through writing a memoir about her six years in a cult when she was given a few weeks to live. Talk about a deadline! Determined to finish telling her story so it could benefit others, she devoted her final days to this last act of service, working closely with her coauthor, Stacey Stern, who finished writing the book after Eliana's passing. *The Agony of Freedom* reveals how Berlfein dropped out of college to spend much of her twenties in Reverend Moon's cult, was kidnapped and deprogrammed, battled depression, and built a new life. Through a mix of deeply personal narrative, poems, and short stories-and with her dark sense of humor-Berlfein provides an intimate look at her winding path to self-love and how she approached her death with peace. A world champion athlete visits "other worlds" with the help of an old warrior named "Socrates." This is a journey through life through the eyes of one woman who has experienced years of tragedy. This book is for those who know what it's like to pick themselves up after experiencing grief, loss, or heartache and want to move on to a better life. This book is for you. This is a story of Shawn Mahoney's personal weight loss journey. Read about his life as an morbidly obese man for 20 years and how he changed his ways to not only loose the weight but also do it the healthy way. The cry of a victim's heart is to be heard, understood, and free from their pain. God listens to the victim's cry. This book describes the practical steps God established to help hurting people identify and release offenses, judgments,

and disappointments in order to bring hope and healing to their hearts. Ladies, have you lost your sense of self? Are you so busy that you forget who you are? Take steps to rediscover yourself by reading this book and see how my experiences have shaped me to be the woman I am today. You get practical and relevant strategies on how to get back to who you are by helping you: - Navigate your busy life.- Reduce the stress in your life- Get some breathing room when things are crazy- Make your busy life simpler.- Find joy in the little thingsPutting things into perspective goes a long way in helping love yourself, your family and your life. Thank you for taking the time to read this and I hope that you enjoyed reading this. Tackling relationships, career, and family issues, John Kim, LMFT, thinks of himself as a life-styledesigner, not a therapist. His radical new approach, that he sometimes calls "self-help in a shot glass" is easy, real, and to the point. He helps people make changes to their lives so that personal growth happens organically, just by living. Let's face it, therapy is a luxury. Few of us have the time or money to devote to going to an office every week. With anecdotes illustrating principles in action (in relatable and sometimes irreverent fashion) and stand-alone practices and exercises, Kim gives readers the tools and directions to focus on what's right with them instead of what's wrong. When John Kim was going through the end of a relationship, he began blogging as The Angry Therapist, documenting his personal journey post-divorce. Traditional therapists avoid transparency, but Kim preferred the language of "me too" as opposed to "you should." He

*blogged about his own shortcomings, revelations, views on relationships, and the world. He spoke a different therapeutic language —open, raw, and at times subversive — and people responded. The Angry Therapist blog, that inspired this book, has been featured in The Atlantic Monthly and on NPR. At age fourteen, Taylor LeBaron was nearly 300 pounds. He had difficulty just getting to the mailbox without becoming short of breath. A chubby kid from birth who was prone to obesity, Taylor allowed his weight to skyrocket through mindless 'whatever' eating and his sedentary techie lifestyle. But a membership to the Y, a keen imagination, and an indomitable spirit changed all that. Approaching proper eating and weight loss as he would a new video game, Taylor made fitness into a fun challenge with his creation of THE ULTIMATE FITNESS GAME (UFG)—a method of tracking calories, avoiding pitfalls, overcoming obstacles, and working out by following hard-and-fast rules that literally helped him shed half of his body weight in a matter of a year and a half. Cutting Myself in Half is Taylor's motivational strategy guide to THE ULTIMATE FITNESS GAME. Taylor shows kids who are currently where he was that weight loss and fitness are within reach . . . one workout, one calorie, one 'byte' at a time. The Podium of Creation is a collection open letters by different co-authors from all over India. Each writer has penned down their views in such a way that you'll feel empowered, happy and also experience the Impact of words. These writers have used the power of their words silently to express their imagination. The main reason*

behind the publication of this book is to Create love and awareness towards literature in our new Generation and to provide a platform for all the emerging Writers to show case their talent. Just a creative outlet for interpreting my feelings and experiences. Music is the center of both our lives, but as he found his place in it, I lost my way. He soared, while I spiraled down a destructive path. I lost myself in more ways than I can count. The ironic thing is that I didn't realize how lost I was until he found me. And now that he has, I have to wonder if he'll stay around long enough to catch me. Curl up with the irresistibly funny and uplifting Sunday Times bestseller from the No. 1 bestseller and Queen of the Castle, Giovanna Fletcher **THE SUNDAY TIMES BESTSELLER** 'A fun read with a big dose of girl power' **SUN** \_\_\_\_\_ When the love of your life says you're not The One . . . what next? After celebrating a decade together, everyone thinks Lizzy and Ian are about to get engaged. Including Lizzy. That is, until a romantic escape to Dubai leaves Lizzy with no ring, no fiancé and no future. Lizzy is heartbroken - but through the tears, she sees an opportunity . . . To find out what she's been missing while playing Ian's 'better half'. To rediscover the girl she was before. And, in the meantime, to have a little fun . . . \_\_\_\_\_ 'Her funniest, freshest and best yet' Heat 'Engaging, witty and heartbreaking' i 'A must-read' Closer "Lystra, I feel the pull to her too," Jordan spoke up making me fall back to my seat. "I feel the pull to the both of you." The last sentence was a bit softer. "What does that mean?" I wasn't sure if I was shouting or whispering. My body went

cold. I felt as if my soul was trying to escape the confinement of my skin, as if I was floating outside my own body, but still glued to the table. "Lystra, you have to understand, you and Noella were once one being. The mate of a twin can feel the connection to both of them." "But do you feel the mate bond, Noella?" I asked my sister who still hadn't let Jordan's hand go. What a fool I was, they both were holding hands not just her. "I feel something more, I love him." She defended. "I love her too." Jordan's words echoed in my head. "She isn't your mate. I am." I argued. "No Lystra, she is my mate. I get to choose. I chose her." I heard him, but the words 'I love her too' in his voice was still repeating in my head. Too much to process with the sound of blood in my head. \*\*\*\*\* This is the story of Lystra Miller's life after she was rejected, but before finding that happily ever after. A she-wolf whose mate rejected her for her human sister. In a universe where only one in a set of twins is blessed with the ability to shift, this she-wolf lost her mate to her own human twin. Lystra watches her sister and mate live their epic love story for years, then tries to move on when they give birth to a son. Her life is full of tragic and bittersweet moments, but yes she finds love along the way. She would learn not all choices are good ones, but every choice is one you can decide to live by. She will not be A Mate of Convenience. Not even to her mate when he admits to his mistakes. Learn how she overcomes rejection. \*\*\*\* This is a stand-alone book. 'A LOT OF US WOULD LIKE A RUBIN IN OUR LIVES' The Times 'EXTRAORDINARY' Viv Groskop 'FASCINATING,

*PERSUASIVE' Guardian 'A LIFE-CHANGER' The Pool HABITS ARE THE INVISIBLE ARCHITECTURE OF EVERYDAY LIFE. Most of us have a habit we'd like to change, and there's no shortage of expert advice. But as we all know from tough experience, there is no magic 'one-size-fits-all' solution for everything from weight loss to personal organisation. In Better Than Before, Gretchen Rubin explores her theory of 'The Four Tendencies' dividing people into four basic groups: Upholder, Obliger, Questioner and Rebel. She answers the most perplexing questions about habits with her signature mix of rigorous research and engaging storytelling (and a personality quiz to establish which of the Four Tendencies fits you): - Why do we find it tough to create a habit for something we love to do? - How can we keep our healthy habits when we're surrounded by temptations? - How can we help someone else change a habit? Rubin reveals the true secret to habit change: first, we must know ourselves. When we shape our habits to suit ourselves, we can find success- even if we've failed before. Whether you want to eat more healthfully, stop checking your phone, or finish a project, the invaluable ideas in Better Than Before will start you working on your own habits - even before you've finished the book. ALSO BY GRETCHEN RUBIN The Four Tendencies: the indispensable personality profiles that reveal how to make your life better AND Outer Order Inner Calm: declutter and organize to make more room for happiness AND Happier At Home: a year-long experiment in making the everyday extraordinary This is a book about the causes, effects, and*

*coping strategies pertaining to Schizoaffective Disorder. The story is an account of my struggle with this difficult mental illness. The book is a description of a descent into madness, the repercussions of that descent, and the things I did to get my life back on track after my frightening and bizarre experience with Schizoaffective Disorder. If you or someone you know is suffering from Schizoaffective Disorder, Schizophrenia, Bi-Polar Disorder, or severe depression, then you should think about reading this book. This book provides insight into the mind of a person affected by this most misunderstood illness and explains the steps necessary to make a full recovery from it. Readers of this book will come away with an understanding that there is much hope for people suffering from mental illness, and that if the illness is taken seriously, a meaningful and productive life can still be lived regardless. Do you love reading? This is the Reading Book Journal for you! 100 book logs for book lovers and bookish people everywhere! Record and rate up to books you love Table of Contents so you can find the book you're looking for Keep memorable quotes that inspire you, Reading Tracker to make sure you're reading every day Remember characters, plot summary, and more! Page to record the books you want to read Small (6" x 9" / 15.24 cm x 22.86 cm) paperback reading journal, with professionally designed interior. Inner bonding is the process of connecting our adult thoughts with our instinctual, gut feelings—the feelings of the "inner child"—so that we can minimize painful conflict within ourselves. Free of inner conflict, we feel peaceful,*

*open to joy, and open to giving and receiving love. Margaret Paul, coauthor of Healing Your Aloneness, explores how abandonment of the inner child leads to increasingly negative and destructive feelings of low self-worth, codependence, addiction, shame, powerlessness, and withdrawal from relationships. Her breakthrough inner bonding process teaches us to heal past wounds through reparenting and clearly demonstrates how we can learn to parent in the present. Real-life examples illustrate the dynamics of the healing process and show the benefits we can expect in every facet of our lives and in all our relationships. Inner Bonding provides the tools we need to forge and maintain the inner unity that makes our family, sexual, work, and social relationships productive, honest, and joyful. A 12-year-old boy, mourning the death of his mother, takes refuge in the myths and fairytales she always loved--and finds that his reality and a fantasy world start to meld. Lucy Remington takes cooking lessons to attract a stable, uncomplicated guy and ends up falling for hot and spicy firefighter Jake Bryant after she accidentally sets her kitchen on fire. Super organized Lucy Remington is done getting burned by unreliable men, so she's giving up hot and spicy and holding out for reliable and responsible. When her friend sets her up on a blind date, she agrees to make dinner for a man who sounds like the very definition of stable: an accountant. The only problem? Lucy is the queen of toasters and takeout. But she's determined to make a home cooked dinner for her upcoming date. Instead of whipping up a delicious meal on her trial run, though, she*

ends up setting her kitchen on fire! Even worse, she finds herself in the arms of a handsome man who makes her heart race. Firefighter Jake Bryant may be a genuine hero, but he's like the curry Lucy wishes she could make—hot, delicious, and unforgettable. Therefore he's a dating mistake waiting to happen. Despite the fact that Jake makes her laugh and she craves his company, Lucy's mind is made up: she's sticking to the date with the uncomplicated accountant. To Lucy's surprise, Jake offers to teach her how to cook so she can impress her blind date. Confident in her willpower, she agrees. Soon, however, Lucy's hungering for sweet icing more than plain old flour. Can Jake rescue Lucy's sautéing technique? And with a little cayenne here and a dash of chili pepper there, can he rescue her heart, as well? Ruby is a simple girl who lost her parents at the age of 10, she was told that she was sold by her parents. However, she knew that her parents were killed because she felt her link to her parents break, she was the daughter of King Trent and Queen Geema from the Silver Moon Coven. Her parents belonged to the most powerful line of witches, however, fate has played a game with her as she was a simple human girl without any powers. She still had a link to her coven which was broken by an Alpha and she was sold as a slave to the Night Howlers pack where she treated like trash and abused by the pack members. She only wished to get out of the pack and spend her in life in peace. Jared is the next in line Alpha of the Night Howlers pack, he worked hard to become the Alpha his father wanted him to become

*because he believes that it's his legacy to take over the pack and protect them. He wishes to meet his mate and he does, he felt like he has won a jackpot even if his mate was a simple human girl. However, he has to choose between his father and mate, he decides to fulfil his responsibility as the Alpha and rejects his mate, but he regrets it as soon as he finds out what his precious mate had gone through. What happens when fate puts these two souls together? Is Ruby really the simple human girl she is or is there a mystery behind? Will she find out the truth about her parent's death? Can Jared win his mate back and earn her forgiveness? Follow on their journey to find out. Charlene Ann Baumbich's two heartwarming Dearest Dorothy novels have transported thousands to a little Midwestern town where the ups and downs of everyday life have charmed readers and left them clamoring for more. Of course, the character everyone has come to love is the feisty former bandleader, 87-year-old Dorothy Jean Wetstra. Now in Dearest Dorothy, Help! I've Lost Myself! Partonville marks its centennial plus thirty—by arguing over the best way to celebrate it. Meanwhile, the acting mayor is trying to change a vital part of the town square (but it's always been that way!) and a newcomer named Katie can't avoid the suspicion that she's grown far closer to this quirky little place than she had ever intended. Delightful and touching, this tale is every bit as addictive as its predecessors. From the New York Times Bestselling Author of Lost to You and Take This Regret comes a gripping new tale of loss and love. William has spent six years running from his past and*

*the last eight months trying to rid his mind of the dreams that increasingly haunt his nights. Trapped in a world of false ambitions and feigned affections, William knows he's reached a breaking point and something's going to give. Maggie had lived her entire life without hope until one man showed her what it meant to be loved. He'd been her light in a lifetime of darkness. Six years ago, that darkness stole him away. Without him, she's surrendered herself to an existence she doesn't know how to escape. When the family William left behind is struck by tragedy, he is called back to the one place he's sworn to never return to again. In a moment that will change his life forever, William comes face to face with the girl who, with one look, captured his heart. He is unable to ignore the buried desires and the hope for the future they'd once believed they'd have. Now William is ready to fight to take back what had been stolen from him six years before. But he never imagined what that fight might cost him. A.L. Jackson gives you an intimate look into the lives of a family bound by an unseen connection in this new contemporary romance. "There are some love stories that will take you on such intensely emotional journeys, shake you to the very core of your being, make you scream, cry, curse, throw things against walls, but also fill you with more hope than you ever thought possible – THIS is one of those books. This is the second novel by A.L. Jackson that I have read and I am ready to build this woman a shrine." Natasha is a Book Junkie Ladies, have you lost your sense of self? Are you so busy that you forget who you are? Take steps to rediscover*

*yourself by reading this book and see how my experiences have shaped me to be the woman I am today. You get practical and relevant strategies on how to get back to who you are by helping you: - Navigate your busy life. - Reduce the stress in your life - Get some breathing room when things are crazy - Make your busy life simpler. - Find joy in the little things Putting things into perspective goes a long way in helping love yourself, your family and your life.*

*Thank you for taking the time to read this and I hope that you enjoyed reading this. Lost Myself in finding you Losing you was a matter of luck you were not destined to stay with me And I had to digest the fact that not every story has a beautiful end, you see Least did I know that i had already united with you from the soul, my heart and mind And now, it's so difficult for me to get that when I lost you, it's like I lost my soul, now hard to find Every of my heartbeat had your name etched in it And now you see ! How can I live with a heart that belonged to you Every day without you, is like a journey that has no end, Every now and then, my life annoys me and I feel blue Why is this happening to me ? Why did I lose myself, finding you ! Why is that your memories remained While the time just rapidly flew ! A PULL FROM BEYOND: The sequel to DEPTH "Timeless Poetry" is the second book from Kajal Milani's Timeless Poetry collection. It is essentially a work of grace, bought to you by grace. Poetry, that beckons you, to return to your true self. A loving reminder coming from beyond to gently awaken you from deep slumber of ignorance. It is grace that pulls you out from the darkness, into the light of your*

*awareness. In your awareness you are one with every being and one with all that is. It is grace bringing you to the understanding of who you are, and grace that shall transport you from the timebound mind into the timeless heart. Soak yourself into the silence beneath these words and arrive, to your original innocence within the silence of your being. Grace has brought you here, open your heart to be touched by it and get ready to welcome yourself back to your true home. Poetry, when it comes from the depth of heart, becomes an expression of love and beauty. A PULL FROM BEYOND is an expression of loving presence, that will take you to the place of love and beauty within you. The sentence for being gay and Arab is death-even when the punishment is self-inflicted. Living a closeted life in a Middle-Eastern culture is brutal-and potentially deadly. Add to the mix mental illness and your odds of survival drop to near zero. How I Lost My Mind and Found Myself is the true story of how one man lived to tell the tale. Gay Arab, David Rabadi, had been taught from a very young age that there are no genies and no gay Arabs. But while David might accept the fact that genies might not exist, he knew from a young age there was at least one gay Arab and it was, in fact, him. The fear of losing the love and respect of his family kept David in the closet for more than twenty years, but living with undiagnosed mental illness kept him a prisoner in his own head for what seemed an eternity. How I Lost My Mind and Found Myself is a touching, sometimes funny story of David's struggles and eventual triumph in overcoming not one but two stigmas still judged, misjudged,*

*and misunderstood in today's society. Told with poignant honesty, David shares his inspirational journey from a fresh perspective and gives the reader a rare view of what it means to be living as an openly gay Arab and coping with mental illness. David Rabadi is the first Jordanian to come out publicly in Yonkers. 'Heartbreaking ... I completely lost myself in this book' Louise Jensen Do you ever wish you had the chance to meet someone again for the first time? When Leo and Molly met and married, they believed they were invincible. Together they could take on the world. But Leo, a war correspondent, lives for life on the edge, and when he takes a step into the unknown, tragedy strikes and he loses his memory. Molly rushes to help him fill in the gaps and soon they start falling in love all over again. The trouble is, Molly is hiding something. Something big. The devoted wife at Leo's bedside is a sham; Leo and Molly's marriage was on the rocks long before Leo's accident. The closer Molly gets to her husband the more scared she becomes that he will remember. As Leo's memory begins to trickle back will Molly lose the man she loves for a second time? An emotional, heartbreaking read that will restore your faith in the power of love. If you like to lose yourself in Jojo Moyes or Nicholas Sparks then you will love WHEN I LOST YOU, the deeply moving new novel from Kelly Rimmer. What people are saying about When I Lost You: 'I couldn't put it down ... I got teary eyed quite a few times. It's a beautiful story.' One Hopeless Romantic's Booklandia Blog 'A celebration of love ...I was devastated when it ended' Big Little Sister ' I loved When I Lost You, it*

was full of deep raw emotion and had me hooked until the end' *That Thing She Reads* 'A beautiful second chance love story' *Always Write Club* What people are saying about Kelly Rimmer: 'I fell in love with this amazing book after the first sentence and would read it all over again. A wonderful mixture of emotions, real love, secrets, laughter and sadness.' *Sky's Book Corner* 'I was hooked right from the start, and it was just the most beautiful portrayal of falling in love I've ever read. It's the type of love you dream of and want for yourself... Kelly Rimmer has done an outstanding job with *Me Without You*, it's engaging, it warmed my heart to the very core, and then tore it out and stomped all over it. ... *Me Without You* is an unforgettable tale that I couldn't recommend more.' 5/5 *GirlsLovetoRead.com* 'Me Without You is the beautiful, moving story of Callum and Lilah and they turned me into a complete emotional wreck. I loved the banter and the chemistry between them both right from the first, brilliant chapter and then as the book went on, it warmed and broke my heart all at the same time... It's an incredible novel. *Reviewed the Book* 'It's been a while since I've read a book that made me 'ugly cry.' You know what I mean... big, fat tears rolling down your cheeks leaving you with eyes so puffy you look like you've had an allergic reaction. Think Claire Danes in... well... pretty much any role she's ever been in. Kelly Rimmer's *Me Without You* certainly broke that dry spell... a heartbreaker of a book that has great characters and a gut-wrenching ending that left me feeling a weird mix of bereft and yet hopeful.' *JudgingCovers.co.uk* 'There's not much I can say without

giving the story away, other than how much I adore Callum and Lilah. Their love story is so genuine and heartfelt... This book is beautifully written, and I found myself highlighting like crazy throughout. I highly recommend this book, but I must warn you, it's one that will make you cry.' Mrs Leif's Blog

*It's a suburban jungle out there*

When syndicated columnist Tracy Beckerman trades in her TV job and cool NYC existence for the New Jersey suburbs, she doesn't expect to also trade in her entire identity. But her new life as a stay-at-home mom knocks her for a loop in more ways than one. From the embarrassment of being ticketed while driving in her bathrobe to the challenge of making friends in the land of big hair and minivans, Beckerman shares her struggles with self-deprecating humor as she endeavors to reclaim her cool. Beckerman reveals the universal trials, tribulations, and triumphs of every mom who has to figure out how to stay sane while fishing Barbie heads out of the toilet; how to laugh when your kid asks the fat cop at the doughnut shop if he's having a baby; and how to look good when your post-baby butt is so big you want to hang a "Caution: Wide Load" sign behind you. At once irreverent, hilarious, and keenly observed, *Lost in Suburbia* is about what you give up to become a mother—and what you get back.

Seraphine Almaia, a werewolf who was deemed as a witchcraft-born was considered filthy and hated due to her dead parents' history. Thus, she was put on the lowest rank of the pack, the Omega. And when her 18th birthday came, things started to go wrong. She was banished by her mate, thrown out of the pack, and lost her memory on the

*process. Her mind forgot, but can her heart find the way back to her other half? What life awaits for her now that she has no memory of her past? Can Seraphine Almaia ride the waves of her fate and survive? ~ Love began to flourish along with pain. Revelations began to unveil. The curse marched on land to conquer. The hidden was summoned from millenniums of deep slumber. Come and embark on a journey of love, rejection, mysteries, and revelations with Seraphine Almaia, the Omega. A personal zine including dated text message or email conversations, lists, and experiences accessing professional support (psychiatry, medication or counselling). Psychological abuse can be as damaging to the psyche as physical abuse can be to the body, yet little is written about this common problem. This book confronts the issue of psychological abuse of women in marriage. Psychological abuse consists of an on-going pattern of domination, oppression, unrealistic expectations, verbal attacking or silent withdrawal within a relationship typically devoid of emotional connection. The author addresses the questions of how and why these women are abused, how the abuse starts and progresses, and in what ways does the process differ from that of physical abuse? Using quotes from survivors of these relationships, Dr. Chang describes life inside one of these relationships and gives treatment recommendations. In this investigation into loss, losing and being lost, Rebecca Solnit explores the challenges of living with uncertainty. A Field Guide to Getting Lost takes in subjects as eclectic as memory and mapmaking, Hitchcock movies and Renaissance painting,*

*Beautifully written, this book combines memoir, history and philosophy, shedding glittering new light on the way we live now. "In the well-written, laugh-out-loud, self-deprecating spirit of Bill Bryson's A Walk In the Woods and Nora Ephron's When Harry Met Sally, Dan White takes us along for a walk on the wild side of adventure and love. I couldn't put it down." —Eric Blehm, National Outdoor Book Award-winning author of The Last Season When Dan White and his girlfriend Melissa set out to hike the Pacific Crest Trail, which stretches from Mexico to Canada through boiling desert and snowcapped mountain passes, his parents wondered how two people who had never shared an apartment could survive in a tent in the desert. But when Dan and Melissa, dubbed "The Lois and Clark Expedition" by a fellow hiker, quit their doldrum jobs to set out into the wilderness, the hardships of the trail provided these addled adventurers with a crystalline view of the American wilderness, themselves, and each other. In his wickedly funny memoir, Dan White also shares the story of Warren Rogers, who risked ruin to chart the trail during the Great Depression. As he walks in Rogers' footsteps, he starts to wonder if he's assumed the man's bravery—or his insanity. Both hilarious and harrowing, this account of a young couple's hike along the 2,650-mile Pacific Crest Trail is a testament to the power of nature to change us and the power of love to get us through the uphill climbs. As seen on the Oxygen mini-series The Disappearance of Maura Murray When an eleven year old James Renner fell in love with Amy Mihaljevic, the missing girl seen on posters all*

*over his neighborhood, it was the beginning of a lifelong obsession with true crime. That obsession leads James to a successful career as an investigative journalist. It also gave him PTSD. In 2011, James began researching the strange disappearance of Maura Murray, a UMass student who went missing after wrecking her car in rural New Hampshire in 2004. Over the course of his investigation, he uncovers numerous important and shocking new clues about what may have happened to Maura, but also finds himself in increasingly dangerous situations with little regard for his own well-being. As his quest to find Maura deepens, the case starts taking a toll on his personal life, which begins to spiral out of control. The result is an absorbing dual investigation of the complicated story of the All-American girl who went missing and James's own equally complicated true crime addiction. James Renner's True Crime Addict is the story of his spellbinding investigation of the missing person's case of Maura Murray, which has taken on a life of its own for armchair sleuths across the web. In the spirit of David Fincher's Zodiac, it is a fascinating look at a case that has eluded authorities and one man's obsessive quest for the answers.*

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